Disconnected Kids, **Understanding and Correcting Functional Disconnection in Autism**

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What is Autism?

Can you describe any of the leading scientific theories of what is actually happening in the brain of an autistic child?

What is the Brain Balance program?

- Brain Balance Centers are specialized supplemental learning centers that are focused on helping children with specific learning disabilities and behavior problems.
 Our goal is to help improve and optimize each child's ability to learn academically and socially.
 The Brain Balance Program is a comprehensive individualized worknesses in all aspects of sensory detection and processing, motor planning and coordination, cognitive skills, behavior, and academic achievement.
 We also assess the child's unleaved for the helping distance of the sensor.
- We also assess the child' s unique feeding behavior, diet and nutritional needs.
- All of this is included and focused on addressing the actual underlying cause of all of these issues, a Functional Disconnection

THE EPIDEMIC

- 10 years ago Autism was considered a rare disorder diagnosed in aprox1 out of 10,000 children
 Most recent CDC study places prevalence at 1 in 110,and 1 in 70 boys.
 Most recent studies(May 2011) out of Korea with a more extensive population based study shows prevalence to be 1 in 38.

- According to researchers. "The results of the study indicated a prevalence estimate for ASD to be 2.64% of the population: a number nearly three times previous estimates."
- It is believed that a population based study in the US would reveal even a higher number of children than seen in the Korean study

HESE PROBLEMS ARE NOT GENETIC THEY ARE ENVIRONMENTAL or EPIGENETIC!!!! Epimutations are inheritable which is why these issues run in families This means that they are

potentially Correctable!!!!!











WHY ARE HUMANS SO MUCH MORE INTELLIGENT THAN ANY OTHER ANIMAL ON THE PLANET?

GENES? LARGE BRAIN PER BODY SIZE ? WHAT IS THE UNIOUE ABILITY OF THE HUMAN BRAIN THAT GIVES RISE TO INTELLIGENCE CONSIOUSNESS AND SELF AWARENESS?

1. TIMING and COORDINATION



BRAIN DEVELOPMENT, SYNAPTOGENESIS AND FUNCTIONAL CONNECTIVITY

- As the neurons become larger As the neurons become larger and more insulated by glial cells, they increase the speed of their impulse transmission; more networks can be activated simultaneously increasing the coordination and integration of large cortical networks.
- Initially this increased
- coordination occurs with short range intracortical connections to increase integration and coherence within the individual hemispheres.







BRAIN DEVELOPMENT, SYNAPTOGENESIS AND FUNCTIONAL CONNECTIVITY As this coordination and synaptogenesis continues, long range connections will form

and this will increase the size and this will increase the size of the corpus callosum where many of these fibers will cross to connect with areas on the opposite hemisphere. This is all part of the normal process of cortical maturity. We think this is the process that is affected and delayed in most if not all neurobehavioral disorders.



What is The actual Problem?

- Recent research has shown that ASD, ADHDDyslexia,LD,OCD etc.,are all the result of a common single underlyingproblem. That problem is known in the scientific community as a functional Disconnection. It has also been referred to as developmental disconnection, desynchronization and underconnectivity and weak . .
- .
- central coherence. All these names mean the same thing, the primary problem in all of these disorders lies in the inability for large cortical net works to coordinate and bind in time and space. This poor coordination leads to the inability to integrate and bind information from multiple areas of the brain simultaneously The reason for this is an underlying processing imbalance where certain cortical networks are processing undermation at a much faster speed then other networks. The networks that are processing quickfur function at a normal to above normal level, while information from other slower networks is essentially ignored. .

What is The actual Problem?

- This leads to a anatomical imbalance where certain areas of the brain are physically larger or more mature then
- of the train are provided and the second sec
- Areas that cannot synchronize and bind in space and time cannot share information therefore they do not develop connections so they appear underconnected. The most significant disconnection appears to be between the two hemispheres themselves in that the most underdeveloped and underconnected area of the brains the actual corpus callosum.
- However there is no sign of any pathology, injury, degeneration or localized lesion of any kind. Inflammatory changes are distributed equally which seem to make the inflammation a result of the Functional Disconnection not the cause







What is The actual Problem?

- The makeup of all of the child's issues can be explained by a combination of unusually strong skills in one hemisphere combined with unusually weak skills in the other hemisphere hemisphere.
- ADHD, ASD, OCD, Tourettes are a result of a weak right hemisphere
- Dyslexia, LD, processing Disorders and Language disorders are a result of a weak Left hemisphere

	Socioeconomic inequality in the prevalence of Autism Spectrum Disorder: Evidence from a U.S. Cross-Sectional Study
ŀ	References
ŀ	Maureen S. Durkin12/3*, Matthew J. Maenner1/3, F. John Meaney4, Susan E. Levy5, Carolyn DiGuiseppić, Joyce S. Nicholas 7, Russell S. Kirby8, Jennifer A. Pinto-Martin9, Laura A. Schieve 10
ŀ	Background
ŀ	This study was designed to evaluate the hypothesis that the prevalence of autism spectrum disorder (ASD) among children in the United States is positively associated with socioeconomic status (SES).
•	Results
•	Prevalence increased with increasing SSE in a down-reasoner, memory with revuelness ratios relative to medium SSE of 10% continuon in any ICI 04 of 0.0% result on an increasing of 10% C1 16.1% is not ratio status of the stat
:	Conclusions The stronger SS gradient in ASD prevalence in children with versus without a pre-existing ASD diagnosis points to potential aspectationnel or diagnosic bias and to the populative of SS disparity in a norse to services or children with a stronger aspectations hended to confirm and understand free associes of this disparity so that policy implications can be drawn. Consideration should also be given to the possibility that there may exclusion mechanism or conclusioning to characterization of the AST and the stronger and the stronger association with the may be clusion mechanism or conclusioning to characterization should also be given to the possibility that there may exclusion mechanism or conclusioning to characterization should be apprecision.







Left Brain	Right Brain
Serial processing	Parallel processing
Small Picture	Big picture
Verbal communication	 Nonverbal communication
Small musclecontrol (Finemotor)	 large muscle control (Gross Motor)
IQ	• EQ
Word reading (phonemice awareness, Decoding)	 Reading Comprehension(main idea,inference,pragmatics)
Math calculations (Basic arithmetic, operations)	 Math Reasoning(word problems,geometry)
Planning (theoretical)	 Doing(Practical)
Conscious actions, memory, learning Explicit memory/declarative)	 Unconscious actions, memory Jearning
Positive emotions (Approach)	 Implicit memory (procedural)
auditory processing High-frequency	 Negative emotions (Withdraw)
sound	Low-frequency sound
visual processing Low frequency vision	 High–frequency vision
Tactile processing light touch	 Tactile processing deep touch
Linear and logical thinking	Understanding abstract concepts

Cautions, safeactions Likes newness, novelty Suppresses immunity Metaphorical / alternatemeaning Spatial (Globa) Senses of taste, smell (negative) Social rules, emotional skills, empathy Attention Sensory Bottomum
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Sensory
Rottomun
bottomup
Biographical Memory
Present in the now
Describing
Intuition(gut feelings)
Interoceptive
Connected to body, digestion, and
autonomicregulation
Smell processing, right nostril (Unpleasant)

Left Brain	Right Brain
Melatonin (sleep)	<u>Cortisol(wake)</u>
 TH-1 (approach/Motor) 	 Th-2(Avoidance/Sensory)
Hippocampus	Hypothalmus PVN
Direct pathway BG	Indirect Pathway BG
Ventral stream(Temporal)	Dorsal Stream(Parietal)
Immuneactivation	Immune suppression
Depression	Mania
Glutamate	GABA
Acetyl Choline	Serotonin
Dopamine	Norepinepherine
Proinflamatory	<u>Antiinflamatory</u>
Interferon	• <u>IL-S</u>
TNF	• <u>IL-6</u>
• IL-2	• <u>IL-10</u>
 IL-12 	B-cells
T-cells	Inhibits PVN acute
Excites PVN acute	Excites PVN Chronic
Inhibits PVN Chronic	





Left Hemisphere Under Activation (Dyslexia, Proc

- Doroters, Learning Disabilities, Language Disorders) Fine motor problems (handwriting, manipulation) Poor Reading (decoding) Delayed speech or articulation issues Poor auditory processing Poor object identification (visual or tactile) Poor spelling skills Poor spelling skills Poor memory for details, facts, figures Poor math operations Task avoidance (especially with academics) Decreased immune response (gets sick often) Poor motivation Misssmall details

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- Miss small details
- Poor self esteem

- There are two major theoretical groups in regard to most neurobehavioral disorders
- Top Down theory(Central)
- Bottom up theory(Peripheral)

The cortex regulates the immune system and the activities of a T-cell specific immunopotentiator. <u>1</u> 1988 Mar;39(1-2):177-87.

Abstract Evidence has accumulated to demonstrate important bidirectional communications between the nervous and immune systems. The anatomic pathways of communication include the commitment of different midbrain areas to regulation of immunologic functions. Neuropetides appeara as critical mediators of neuroregulation of function of diverse immunocompetent cells. Biochemicals secreted by immunocompetent cells mediate the effects of the immuno system on the nervous system. We provide suggestive evidence that the above summarized effects are under a lateralized influence on the immunopotentiating effects of sodium delthy dithicarabanate (imuthio), which compound selectively increases T-cell numbers and activities, and acts on cholaminergic pathways. Thus, a major hemispheric asymmetry in the response to a drug is revealed. These results point to an important influence on encourtes are number and function of immunocompetent cells, which role can be modified by *ensurement* and the second seaset. Abstract

eralized neocortical control of Liymphocyte export from the thymu ncreased export after left cortical stimulation in behaviorally active rats, mediated by sympathetic pathways in the upper spinal cord.

- JNeuroir immunol. 2005 Jan;158(1-2):3-13. YA, Durkin HG, Amassian VE.
- Abstract

Abstract Electrical stimulation of left temporo-parieto-occipital (TPO) cortex in adult male Wistar rats during their behaviorally active phase (nighttime) transiently increased circulating levels of CD4+ and CD8+ Tlymphocytes. Comparable stimulation of this cortex on the right decreased circulating levels of these cells. Responses to left or right cortical stimulation were diminished or absent in behaviorally inactive rats (daytime). Since blood glucocorticol devels were similar before and after left or right stimulation, they did not appear to account for the lateralized changes observed. These lateralized effects were mediated by spinal cord autonomic pathways emerging at TI-TI levels. In adult thymectomized rats, CD4+ and CD8+ T cells failed to increase after left sided stimulation. The results suggest that lateralized cerebral outical functions can acutely and differentially influence blood T cell subset numbers. The results demonstrate a direct neocortical influence on thymic export of mature T cells mediated by the sympathetic nervous system.



Brain modulation of the Immune system

The Role of the Cerebral Cortex







Antigenic Autoimmunity?

- First step is to identify and remove antigen
- Antibody tests
- Treat chronic infections
- Elimination diet / Challenge
- Question : What do you eliminate when the antigen is your own body?
- 1.Modify brains control of immune response
- 2. Must address the immune system directly
- by modifying immune response directly
- Th-1 /Th-2 Balance

What supports regulatory T cells?



TH-T and TH-	-2 Support
TH-1 Support	TH-2 Support
Astragulus Echinacea Glycyrrhiza Melissa Officinalis Maitaka Mushroom Beta-glucan mushroom	 Pine Bark Extract Grape Seed Extract Green Tea Extract Resveratrol Pycnogenol Caffeine Lycopene White willow bark











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Nutrition is not a substitute for sensory and motor based activation of cellular immediate early gene responses leading to plasticity



EEG COHERENCE MEASURES FUNCTIONAL DISCONNECTIVITIES IN AUTISM

- ica, 2009, 98:460, 28-29. roplitan Univ. UK & Univ. of Haifa, Haifa, Research Institute, Leeds Metroplitan Univ. UK & Un stitute, Ronkonkoma, NY, USA nd: Theoretical conceptions of autistic spectrum dison nd: Theoretical conceptions of autistic spectrum dison In y bands in autosis and common sources and common sources of the second source sources of the second sources
- point integrating years to (2013) a regiminated to being reservice. Contentioner consisting to the contension of the second rence brain maps revealed more pronounced and widespread increases in thand in the low optimized ASD individuals than in the more highly optimized orroborated for both groups by multivariate permutation tests. These to erences between the low- and the high-proficiency group also for coher 18.5-31.5 Hz bands. ASDs exhibited significantly greater relative power
- lusions: Robust patterns of over- and under-connectivity were apparent at distinct spatial and oral scales in ASDs in the eyes-closed resting state. Autistics demonstrate underactivity of righ softwer and overactivity of left relative to controls.



HEMISPHERIC INTEGRATIVE THERAPY IN LANDAU-KLEFFNER SYNDROME: APPLICATIONS FROM REHABILITATION SCIENCES

- Intern. J. Neuroscie VICTOR M. PERRO Department of Clin University of Bridge Bridgeport, Conner Victor Pedro Institu Cranston, Rhode Is CERRY LICEMMU Department of Psy
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A Feasibility Study of the Effect of Hemisphere Specific Remediation Strategies on the Academic Performance Outcome of Children with ADD/ADHD

- Results: 60 children all labeled with ADHD by standardized testing entered the program. all underwent objective, behavioral, motor coordination and academic testing. Children were randomly selected for this study. They were all reselsed after 12 weeks of a multimodal program focused on unilateral hemispheric stimulation. Approximately 85% of children showed statistically significant improvement in multiple areas after 12 weeks.
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- multiple areas after 12 weeks. 82% of children notoger met the criteria for ADHD based on a standardized behavioral checklist which was filled out by parents before and after program. Aprox 60 % of the children studied showed a minimum of a 2 grade level increase in various academic messures, An additional approximately 35% of those children studied showed a 4 grade level increase of before average based on academic achievement testing after 12 weeks. 100% of children in the study in the study showed some improvement in more the one area.
- 0% of children in the study showed a decrease in any area tested

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Brain Balance Program

- 1.Multimodal(Most comprehensive)
 2.Hemisphere specific (addresses primary problem)
 3.Individualized(Specific Stimuli)
 4.Same Time Integration (Precise Timing)
 5.Repetative(frequency of Stimulation)
 6.Progressively Challenging (To Limit but not beyond)
 7.Quantatative(Based on Daily Functional assessment)
 8.Reproducible (Protocol Driven)
 9.Safe(All natural)
 10.Long term effectiveness(yearly follow up testing)



- How do you learn more? Attend Neurobehavioral courses through The Carrick Institute For Graduate Studies Carrickinstitute.org
- Carrickinstitute.org
 Complete Training when awarded Franchise of Brain Balance Child Achievement Centers
 Complete turnkey operation that includes Training in Brain Balance Program, Buisness operations, Marketing and Advertising, Staff Recruitment and training, Proprietary Software, ongoing support and research and National and Global Branding.
 To find out more go to brainbalancecenters.com or contact Dr Meillio at 631 471 1900 or email him at rmeillio@brainbalancecenters.com